





Wings Gymnastics Academy

2017-2018 Schedule

Wings Special Events Schedule

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	FREE Baby Open Gym 45mins walking&1yr olds				9:30am			Children over 2 may attend with their sibling with \$5.00 cost.
OPEN GYM'S	Toddler Open Gym 1hr \$5 per child 0-5yrs	9:30am			9:30am School Year Only	6:00pm		<div style="border: 1px solid gray; padding: 5px;"> Pre-Registration is required for ALL Open Gyms to guarantee a spot in all our open gyms. You can register online at www.wingsgym.com </div>
	Daytime Open Gym 1hr- \$5 per child walking-12th grade	10:30am			10:30am School Year Only			
	Friday Fun Open Gym 2-hrs \$10 per child K-12th					6:00pm		
	Advanced Open Gym 1.5 hrs \$10 per child					4:30pm	11:30am	
	<div style="border: 1px solid gray; padding: 5px; text-align: center;"> Also Check out Wings Before&After School Care and Weekly Summer Camps </div>	<div style="border: 1px solid gray; padding: 5px; text-align: center;"> Birthday Parties Birthday Parties are available on Saturday's at 1:00, 2:00, 3:00, 4:00 or 5:00 You can book your party on our website! </div>		<div style="border: 1px solid gray; padding: 5px; text-align: center;"> Parents's Night Out Wings host Parent's Night Out many times a year! Check out our website for upcoming events!! </div>		<div style="border: 1px solid gray; padding: 5px; text-align: center;"> Enroll Online at wingsgym.com </div>		
		<h3>Lil'Wings Class Schedule</h3> <h4>Pre-School Motor Development Program</h4> <div style="border: 1px solid gray; padding: 5px; text-align: center;"> Our Pre-School Aged Program is designed to guide little ones through sensory motor training in a FUN, POSITIVE environment! We want each child in this program to feel special and LOVE gymnastics day. We want to make learning all the great stuff they learn through gymnastics (balance, coordination, strength, flexibility, large motor and small motor development, social skills etc.) happen in a way that is MAGICAL and FUN! </div>						
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Co-Ed Walking-4yrs	Mini Wings 45 mins walking-3yr Involvement Parent		6:10pm	10:20am			9:10am	<div style="border: 1px solid gray; padding: 5px;"> Class Pricing 45mins \$73 55mins \$79 1hr 15mins \$89 1hr 25mins \$102 1hr 55mins \$115 </div>
	Mini Flyers 45 mins 2.5-3yr	10:20am 4:30pm 6:10pm **	10:20am 11:10am** 4:30pm 5:20pm**	9:30am 6:10pm	11:10am 4:30pm** 5:20pm** 6:10pm**		10:00am	
	Mighty Flyers 45 mins 4yrs	11:10am 6:10pm **	9:30am 11:10am** 5:20pm**	11:10am 5:20pm 7:00pm	4:30pm** 5:20pm** 6:10pm**		10:50am	
		Lil' Wings Flying 5's						
5 yrs	High Flyers 45 mins Beg Girls Gymnastics	9:30am 5:20pm 7:00pm	10:20am	9:30am 4:30pm	10:20am 7:00pm		11:40am	
	Tiny Ninjas 45 mins Boys Beg Ninjas		9:30am 4:30pm 7:00pm	10:20am				

—Yearly Registration Fee is \$40 for the 1st Child, and \$20 for the second. Family Max of \$60 per year. —Monthly tuition is based on 4 classes per month. Tuition could be higher or lower due to extra classes or holidays. —Classes run year round. If you need to take a break from class or take time off a 30 day notice is required. Forms are at the Front Desk —Sibling and multiple class discounts are available. —Any class with less than 4 children may be subject to cancellation. —Prices are subject to change.



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Flying Ninja's Class Schedule

Boys Ninja & Gymnastics Program

Our **Flying Ninjas** will start each day working on their Ninja training skills and then move on to boys skills on all six men's Olympic events. These events include pommel horse, rings, floor, parallel bars, horizontal bar, and vault. Boys will work on two events each week, and will spend time on strength building, agility, flexibility, coordination, body awareness, learning hard work, & dedication. Gymnastics is a great foundation for kids that will be involved in any sport.

Beginner Boys K-12			Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Class Pricing
	Mini Ninjas Kinder-2nd Grade	45min	6:00pm	5:30pm	6:30pm	5:00pm			
Mighty Ninjas 3rd-5th Grade	45min		6:00pm	7:30pm					55mins \$79
Soaring Ninjas 6th-12th Grade	55min			4:30pm					1hr 15mins \$89
Flying Ninjas <i>Invite Only</i>	55 min			4:30pm					1hr 25mins \$102
									1hr 55mins \$115

Advanced Boys Classes and Men's Competitive Teams

Invite Only	Inter. Boys	1hr 25mins		7:20pm				
	Boys Pre-Team	2 hrs			6:00pm			

Flipping Tumblers Class Schedule

Trampoline & Tumbling Program

The mission of our **Flipping Tumblers** program is to teach all children to tumble to the best of their ability. Each class will be structured to master skills while having fun. Tumbling is also a great addition to our gymnastics classes if kiddos want more gym time! Whether your kiddo is a gymnast, cheerleader, dancer, or just wants to learn a "FLIP", this is the program! By exploring and mastering tumbling skills more closely kids will develop at a faster rate in whatever then do!

Our philosophy is to help build strength, balance and self-awareness in a creatively fun and safe environment. Our Flipping Tumblers Program is to help develop well-rounded, confident, disciplined, and physically fit individuals

Beginner K-12 Co-Ed			Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Enroll Online at wingsgym.com
	Mini Tumblers Kinder-2nd Grade	45min	5:00pm		5:30pm	6:00pm			
Mighty Tumblers 3rd Grade and up	45min				7:00pm				
High Tumblers <i>Invite Only</i>	55min	7:00pm	4:30pm						

Advanced T&T Class Schedule

Invite Only Co-Ed	Flying Tumblers	55min		6:20pm				
	Adv Tumb	1hr25min		7:30pm	5:00pm			

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Soaring Stars Class Schedule

Girls Gymnastics Program

Our **Soaring Stars Girls Rec Program** is designed for FUN! Our goal is for every kiddo to learn and grow in a positive non-competitive environment and leave every class sweating and smiling. Our Girls focus on learning all four Women's Events: Vault, Bars, Beam, and Floor. This Program can feed into our Competitive Program but is not a necessary step at any point. This program is solidly immersed in our 5 pillars; which are the things we want every gymnasts experience in this program. They are FUN, RELATIONSHIP, PERSEVERANCE, SAFETY, INCLUSIVITY. Our coaches teach with these in mind in everything they do!

Beginner Girls Gymnastics K-8th Grade		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Mini Gliders 55 min Kinder-2nd Grade		4:30pm 5:30pm 6:30pm	4:30pm 5:30pm 6:30pm 7:30pm	4:30pm 5:30pm 6:30pm	4:30pm 5:30pm 6:30pm 7:30pm	
Gliders 55 min 3rd-5th Grade		4:30pm 5:30pm 6:30pm	4:30pm 5:30pm 6:30pm 7:30pm	4:30pm 5:30pm 6:30pm	4:30pm 5:30pm 6:30pm 7:30pm		9:00am 10:00am
Soarers 85 min 6th-8th Grade		6:30pm	5:00pm	6:30pm	6:30pm		11:00pm

Class Pricing

45mins	\$73
55mins	\$79
1hr 15mins	\$89
1hr 25mins	\$102
1hr 55mins	\$115

Upper Level Recreational Girls Classes- Non-Competitive

Invite Only Girls		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Inter. Girls 85mins	6:30pm	5:00pm		6:30pm		11:00pm
	Adv Girls 1 155mins				4:30pm		
	Adv Girls 2 155mins	4:30pm			6:50pm		
Adv Girls 3 155mins		6:30pm					

Enroll Online
at
wingsgym.com

Competitive High School Gymnastics Classes

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7th-12th	High School 2hr				7:00pm		
	Middle School Adv. 2hr				7:00pm		

Pricing

1x a week \$115

Competitive Teams

Wings Xcel Class Schedule

Our **TEAM** philosophy is simple. We strive to have fun and use the skills we have learned in Soaring Stars in a competitive environment. Our Xcel team philosophy is the same as our rec in intention. However we will require the kids to work harder and longer than a regular rec class kids.. We want athletes to develop strong skills in a positive environment. Our goal is to develop routines that show off your child's skills and get them ready for either high school gymnastics or upper level gymnastics at whatever pace and desire they have.

All Teams are Invite Only		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Pre-Team 2hr				6:00pm		
	Xcel Bronze Team 2hr		4:30pm				
	Xcel Silver Team 1 2hr	4:30pm		4:30pm			
	Xcel Silver Team 2 2hr	6:00pm		6:00pm			
	Xcel Gold Team 1 3hr		4:30pm		4:30pm		
	Xcel Gold Team 2 3hr		5:30pm		5:30pm		
	Xcel Platinum Team 3hr	5:30pm	5:30pm		5:30pm		
	USA JO Optionals 4hr	4:30pm	4:30pm		4:30pm		

Team Class Pricing

2 hr- 1x a week	\$115
2 hr- 2x a week	\$165
3 hr- 2x a week	\$223
3 hr- 3x a week	\$315
4 hr- 3x a week	\$350

**Additional Team Fees that include meet fees, USA Gymnastics and SD USAG Registration Fees, Coaches Fees, all uniforms and equipment are not included in Team Class Pricing

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Wings Gymnastics Academy

2017-2018 Programming

Wings Before and After-School & Summer Programs

is a child-centered program where all kids can soar to their greatest potential.

Wings Before & After School Care

Wings is proud to offer a program so unique. Our **Before and After School Program** provides a fun and challenging environment that offers a balanced combination of learning and playing. We encourage children to participate in before and after school programs to help them develop into confident, responsible, and hard-working individuals. We offer team building exercises, homework support, and arts and crafts. Through our more than your ordinary play, students are able to experience new things, expand their creativity and grow mentally and socially. Our program is open to children in Kindergarten through 5th grade who attend Harrisburg Horizon Elementary School. Our Before and After School Program is available from 6:00am until the start of the school day and from the end of the school day until 6:00pm. We will also provide after school care to students from other schools, if travel arrangements to the gym have been made.

Pricing

Before and After Care: \$70
(includes all planned early releases)

Before Care ONLY: \$40

After Care ONLY: \$60

No School Day: \$47.25/day

Enrollment fee: \$40/child

Sample Morning Schedule:

Drop off: 6:00am

Walk to school: 7:40am in time for breakfast if needed.

There will be plenty of open gym time along with rest time, play time, and craft time before school starts.

Sample Afternoon Schedule:

Pick up kids from school: 3:15

Snack: 3:30-3:45pm

Open Gym: 3:45-4:30pm

Activity: 4:30-5:00pm

Homework: 5:00-6:00pm

***Gymnastics classes are available to after care students at a 10% discount.** We have a variety of classes and times where your child can do class during our after school hours. Check out our class options at www.wingsgym.com

Registration Instructions:

-Go to www.wingsgym.com

-Parent Portal Log in

-Log in or create an account

-Choose After School Program on the left hand side and complete registration

*If you're registering for part time care, please choose the part time wait list care option and choose your days (you'll be notified in June of your acceptance)

Before and After school care will begin on **Thursday August 25th** and end on the last day of school. We will provide care non school days for an additional fee.

Wings Summer Camp

Wings Summer Camp is an active way for kids to SOAR through their summer months. We provide an interactive structured schedule in hopes of growing friendships for our children through learning and socializing. Our camp will hold a variety of activities daily that corresponds with our changing weekly themes. Families can choose to come one day, a week, multiple weeks, or the whole summer! Each day will be packed full of indoor/outdoor activities, recreational water fun, structured gymnastics, crafts and team building games. Wings Summer Camp is open to children in Elementary and Middle School. Our camp runs Monday through Friday from 9:00am to 3:00pm. There is an additional care offered before and after camp from 7:30am - 6:00pm to provide a fun and safe environment in the hours around our camp.

Enroll Online
at
wingsgym.com

Sample daily schedule:

7:30-9:00: Before Care

9:00-9:15: Welcome

9:15-9:45: 1st Gym Rotation

9:45-10:00: Open Gym

10:00-10:15: Snack

10:15-10:45: Craft

10:45-11:15: Themed Game

11:15-11:45: Outside Activity

12:00-12:30: Lunch

12:30-1:00: Themed Activity

1:00-1:45: Water Activity

1:45-2:15: 2nd Gym Rotation

2:15-2:45: Open Gym

2:45-3:00: Wrap Up

3:00-6:00: After Care

2018 SUMMER CAMP
WEEKS to be ANNOUNCED
SOON!!

Registration For 2018
Summer Camps will Open
Feb 1st

Camp runs daily from 9am-3pm You can sign up for 1 day, 1 week, multiple weeks, or the whole summer! Let your kids work off some energy in the gym! Day Camp is for kiddos Kindergarten and up!

Weekly Camp Pricing

Full Time: \$135/week
10 weeks or more including Before and After Care

Multiple Weeks: \$150/week
Less than 10 weeks including Before and After Care

One Week: \$165/week
including Before and After Care

Multiple Weeks: \$110/week
Camp Only

One Week: \$125/week
Camp Only

Daily Camp Pricing

One Day: \$47/day
1 day including Before & After Care

Two Days: \$42/day
2 days including Before & After Care

One Day: \$42/day
1 day Camp Only

Two Days: \$37/day
2 Days in the same week Camp Only